

Appendix 6: Peer Review Individual Reflective Learning Log

Name of peer review group:

Date:

Venue:

Meeting facilitator:

Title of meeting:

Main discussion points:

Reflection is an important part of CPD and peer review, and should form part of your personal development plan. Please use this space to reflect on what you have learnt, your experience and how it applies to your role.

What did you learn?

What will you do more as a result of this?

What will you keep doing as a result of this?

What will you do less of as a result of this?

How can you demonstrate you have implemented changes as a result of this?

Please share any other comments, thoughts or feelings.